

# Central Chimes

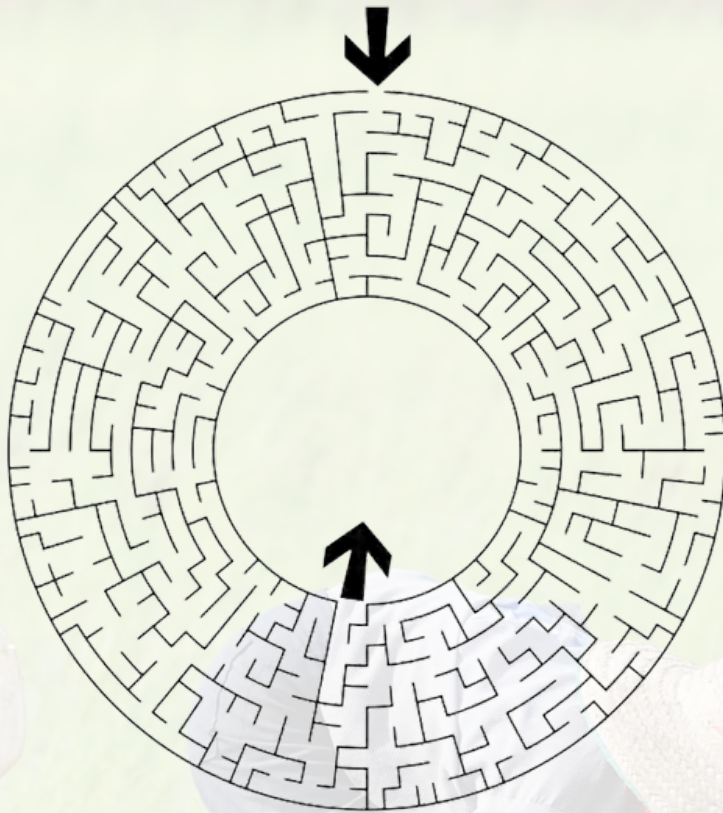
Rotary Club of Bombay Central  
Newsletter

**AUG-SEP 2025**

Don't raise children to be terrorists, raise them to be technicians & creators. Terrorists are born from hate & ignorance; technicians are shaped by education & hope. One brings destruction, other builds a better world. Teach them to heal, not harm. The future depends on our teaching.



# Can you solve this?



## **WORLD TOP 20**

### ROTARY GLOBAL MEMBERSHIP

RANK	ZONE	DIST.	COUNTRY	MEMBERS
1	5	3000	India	7,023
2	4	3141	India	6,639
3	7	3170	India	6,532
4	5	2981	India	6,045
5	5	3203	India	5,644
6	11	3292	Bhutan & Nepal	5,555
7	6	3030	India	5,548
8	6	3630	Korea	5,506
9	5	3211	India	5,259
10	7	3131	India	5,252
11	22	3011	India	5,237
12	4	9213	Uganda	5,193
13	4	1910	Austria	5,183
14	21	3060	India	5,012
15	15	1900	Germany	4,807
16	1	64	Bangladesh	4,785
17	15	1810	Germany	4,725
18	15	1860	Germany	4,719
19	10	3820	Philippines	4,701
20	5	3212	India	4,669

### ZONAL MEMBERSHIP

RANK	ZONE	MEMBERS
1	5	54,226
2	4	47,164
3	22	45,434
4	10	41,827
5	7	40,267
6	23	40,033
7	6	39,561
8	14	39,535
9	15	38,605
10	9	36,473
11	13	36,289
12	21	35,378
13	33	33,708
14	2	33,673
15	16	33,612
16	3	33,051
17	24	32,383
18	25	32,204
19	12	32,131
20	20	31,658

## About

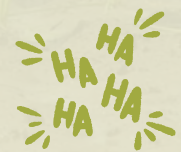


# Rotary Pins & Badges

Rotary pins are more than just symbols—they serve multiple purposes:

- **Global Identity:** Recognized worldwide, connecting Rotarians across borders.
- **Community Building:** Fosters unity and shared purpose among members.
- **Public Awareness:** Sparks interest and conversations about Rotary's mission.
- **Conversation Starter:** Opens dialogue on Rotary values and the Four-Way Test.
- **Recognition:** Honors service and achievements, like the Paul Harris Fellow pin.
- **Daily Reminder:** Reinforces commitment to Rotary principles.
- **Ethical Symbol:** Reflects dedication to integrity and service.
- **Promotional Tool:** Boosts visibility and encourages membership.
- **Support for Causes:** Special pins raise funds and awareness for key initiatives.

In essence, Rotary pins are powerful tools for connection, recognition, and impact.



I used to play sports.  
Then I realized you can  
buy trophies.  
Now I'm good at  
everything.

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## Know your RI President

Francesco Arezzo

### 3 Decades of Rotary Devotion

Arezzo's Rotary journey spans more than 30 years. He has served in several leadership roles, including RI Director, Vice Chair of the Joint Strategic Planning Committee, and Chair of the 2023 Melbourne International Convention Committee. Among his proudest achievements is founding Fondazione Rotary Italia, which makes humanitarian support more accessible to Italian citizens.

"Throughout my journey, I've witnessed Rotary's incredible ability to innovate," Arezzo reflected. He pointed to the rise of cause-based clubs in Southeast Asia, Africa, and Europe, as well as vibrant interest-based communities in India. "Wherever membership is prioritized and creativity is encouraged, Rotary clubs thrive."



### A Life Rooted in Service

Outside of Rotary, Francesco Arezzo is an orthodontist in private practice. He is internationally active as a member of the Italian, European, and American orthodontics associations. He also serves as Vice President of the National Association of Italian Dentists for the province of Ragusa.

His dedication to civic and cultural service is equally strong. Arezzo was the founder and head for seven years of the Ragusa delegation of the National Trust for Italy (FAI), a nonprofit committed to preserving Italy's cultural heritage. He is also a Knight of Honor and Devotion in Obedience within the Sovereign Order of Malta, a historic Catholic lay religious order engaged in humanitarian aid and global medical missions.

### A Vision of Infinite Possibilities

At the heart of Arezzo's leadership is a philosophy of boundless potential. "Rotary is not confined to rigid structures or traditions," he emphasized. "We are a global network of action-oriented people. That means there's unlimited room for diverse clubs, fresh service models, and new organizational approaches."

For Arezzo, membership growth is more than just a numbers game—it's about transformation. "It's about opening doors and inviting in people with hearts ready to serve causes greater than themselves. Every new member brings fresh ideas and renewed energy that strengthen our collective impact."

"Together, through friendship, creativity, and shared purpose, we will grow Rotary and Unite for Good."

— Francesco Arezzo



## Message from our

# President

My Dear Rotarian Members and Spouses,

I hope this message finds you all energized and motivated.

I am proud to share that our club has made a significant impact in the community over the past quarter. From empowering underprivileged children to organizing health camps and other initiatives, we've worked together to address pressing issues. These projects have not only benefited the recipients but have also strengthened our bonds as Rotarians fostering a sense of camaraderie and shared purpose. The projects undertaken in this quarter are showcased in this bulletin and I am sure you all will be proud to be called RCBC members.

As Rotarians, we know that our diversity is our strength. By working together, supporting each other and celebrating our collective successes, we can achieve greatness. Every member has a valuable role to play and every contribution matters. I request all my RCBC family members to join together and let's play our valuable part in community service.

Let's continue to create an environment where we uplift and support one another, leaving our egos at the door. By doing so, we foster a culture of trust, respect and collaboration.

As we move forward, let's remember that our collective success depends on our ability to work together, share ideas and support each other's initiatives.

Let's continue to be guided by Rotary's Four-Way Test:

"Is it the truth?"

"Is it fair to all concerned?"

"Will it build goodwill and better friendships?"

"Will it be beneficial to all concerned?"

By embracing these principles, we can make a lasting impact in our communities.

I encourage each Director to strive for excellence in their area and I request all members to actively participate in our projects, offer their expertise and lend a helping hand in administrative work. Together, we can create a brighter future for all.

Thank you for your dedication and commitment. Let's continue to work together towards a brighter future.

Regards,

Ashit Mehta

President





Service above self is not just a motto, it's a way of life. It's about putting others before ourselves, making a positive impact, & leading by example. If we serve with genuine care, we create a ripple effect of kindness & change in the world. Let's all embrace this spirit every day..

## Message from our

*Editor*

My Dear Fellow Rotarians,

At the outset, let us remember our dear friend Meena Chopra, whose radiant spirit continues to inspire us. May her legacy motivate us to embody dignity, charm and compassion in all endeavours. Our thoughts and prayers are with Usha Desai who is battling for life and we wish her a speedy recovery.



Wearing two hats this year – that of President and Editor – is both a privilege, challenge and a joy. As I pen this note in the capacity of Editor, I find it a responsibility to reflect on the spirit that binds our club together. The President's note usually sets the direction and vision, but this editorial space allows me to speak to you more heart-to-heart, as a fellow Rotarian who treasures the journey we are walking together.

Our bulletin is not meant to be just a collection of reports, photos, record of meetings and announcements. It is a mirror of our shared commitment, camaraderie, and service. I like to think of it as a scrapbook of our Rotary life – the pride in a well-executed service project, the laughter at fellowship gatherings, and the warmth of friendships that deepen with every passing month. Every photograph, every report and every thought expressed within these pages is a reminder that we are part of something larger than ourselves – a movement that transforms goodwill into action. These little yet meaningful moments truly define who we are as a club and they deserve to be captured and celebrated. This quarter's theme is farm inspired by our memorable fellowship stay at Oleander Farms. May our bonds continue to grow stronger with each passing day!

As Editor, I warmly invite each of you to make this bulletin your own and a platform of participation. Share your stories, reflections, anecdotes, experiences or even challenges. It could be a learning from a project, a humorous memory from an event or simply a thought that inspires you. Together, let us create not just a newsletter but a living chronicle of our spirit – one that will inspire us today and remain a source of pride for those who follow in our footsteps.

At the heart of Rotary lies service but alongside it thrives fellowship, humility and understanding. Our strength is not only in what we do but in how we do it – together, with joy, with compassion and without ego. Let us continue to nurture these values, not only in our projects but also in how we support and celebrate one another.

My heartfelt gratitude goes to all contributors and especially to those whose silent efforts may go unrecorded but never unnoticed. This bulletin is for you and because of you and your spirit makes this bulletin possible and our club stronger.

With affection and Rotary warmth,  
Rtn. Ashit Mehta  
Editor



## Message from our

*Hon. Secretary*



Dear Friends,

Taking on the role of Hon. Secretary at RCBC has been a whirlwind — challenging, eye-opening, and incredibly fulfilling. These past three months have taught me a lot about juggling responsibilities, staying organized, and sometimes just going with the flow when things don't go as planned.

There have definitely been moments where I've asked myself, "Do I really belong here?" and the honest answer has often been "Probably not!" But what's kept me going is the love, support, and energy I've received from all of you. RCBC has a spirit like no other — it's infectious, warm, and so full of purpose.

One of the highlights for me has been working on projects that blend RCBC's mission with my NGO Aarohi — especially setting up libraries in communities that need them the most. It's been incredibly rewarding to see how our collective efforts can bring real change.

In just a few months, we've been part of so many meaningful initiatives — not only across Maharashtra but reaching as far as West Bengal, Manipal, Rajasthan, Punjab, and beyond. It's amazing to see how wide our impact can be when we come together.

Thank you for being patient with me as I find my rhythm, and for always being so encouraging. I'm truly looking forward to the rest of the year — with all its challenges, adventures, and everything in between.

With warmth,  
Rtn. Divya Barmecha  
Hon. Secretary

## Inside

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Project: District: Blood Donation

Project: Fans at Panjarapole

Project: Hospital Support

Project: SVRR Loom Donation

Project: Supporting Education, Rajasthan

Project: Supporting our Army

Project: Calf Shed Inauguration

Project: Supporting Animal Shelter

Project: Lab set up in Manipal

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Project: Supporting Tikiapara slum kids

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Speaker: Boman Irani

Club Assembly

Puzzles

Crossword



## RCBC'S Support for

*The Youth*

## RCBC Enriches Classrooms at New English Secondary School, Sion

### A Thoughtful Initiative in Collaboration with NGO AaroHi

RCBC conducted a meaningful outreach initiative at New English Secondary School Sion, in collaboration with Rtn. Divya Barmecha's NGO AaroHi, where we handed over two AV projectors, a collection of storybooks, sports equipment, stationery, storage units, and snacks to the Grade 3 and 4 classrooms. These contributions were carefully chosen to support holistic development—enhancing the students' learning environment and bringing moments of joy into their daily routine.







Supported by the Teach for India Foundation, the school is home to bright, well-mannered, and ambitious children. Their enthusiasm was truly inspiring—many eagerly spoke of their dreams of becoming IPS officers, chefs, and more. For others, the highlight was simply enjoying their snacks with radiant smiles and carefree laughter.

For several RCBC members, the visit was a nostalgic experience—evoking memories of their own school days. The interactions with the students were heartwarming, as members connected not just as guests, but as mentors, older siblings, and grandparents. The school staff expressed heartfelt gratitude to RCBC and the Non-Medical Projects Team for their thoughtful and timely support.



# RCBC Walked the Extra Mile to the Rural Hills

15th AUG, 2025

On the occasion of India's 79th Independence Day, the Rotary Club of Bombay Central (RCBC) completed a meaningful and impactful rural outreach initiative—providing 450 pairs of school shoes to underprivileged students in Panchgani.



## The Impact: More Than Just Shoes

This initiative reflects RCBC's ongoing commitment to education, dignity, and grassroots upliftment. It's a reminder that even a small step—when taken with empathy and unity—can leave a powerful footprint.

We look forward to continuing such meaningful work, walking hand in hand with communities that need our support the most.



Why did the coffee file a police report?

It got mugged.

This project was initiated in response to an appeal made by Mrs. Laxmi Karhadkar, former President of the Panchgani Hill Station Municipal Council. She highlighted a concern that touched our hearts: many children from economically weaker backgrounds were attending school barefoot, exposed to harsh terrain and weather conditions.

In true Rotary spirit, RCBC members came together, raising ₹1.70 lakh entirely through internal contributions. The funds were used to procure sturdy, high-quality school shoes, ensuring that each child received a pair suitable for the demands of rural life and daily school commutes.



The promise of a brighter future.



# Projecting a Brighter Future at Holy Mother School, Malwani



## RCBC Donates to Holy Mother English School

10th September, 2025

Rotary Club of Bombay Central (RCBC), in collaboration with Rtn. Divya Barmecha's NGO Aarohi and the Rotaract Club of Sophia College for Women, carried out a meaningful initiative at Holy Mother English School, Malwani, Malad West.

RCBC donated a projector to the Grade 4 classrooms, directly benefiting over 120 students across three sections. Alongside the projector, Aarohi NGO contributed books, educational games, and craft materials, further enhancing the learning environment.

## Interactive Session on Social Media Responsibility

A highlight of the visit was an interactive session conducted by three enthusiastic Rotaractors from Sophia College for Women. Focused on the responsible use of social media, the session engaged students through discussions and activities that were both informative and fun.

The children participated eagerly, reflecting the success of the session in raising awareness about digital responsibility from a young age.

## A Model of Service and Collaboration

This initiative was completely self-funded by RCBC members, with a total expenditure of Rs. 7,750. Present on-site were one Rotarian and three Rotaractors, who together ensured the event was smoothly executed and impactful.

The event stands as a shining example of collaboration, youth leadership, and commitment to education and empowerment. It left a lasting impact on both the students and the volunteers, embodying the true spirit of Rotary service.





RCBC's

*Tails of Hope***RCBC Supports Mumbai's Oldest Animal Shelter****A Project of Care and Compassion: Panjrapole, Bhuleshwar**

30th Aug, 2025



Deep in the by-lanes of the crowded Bhuleshwar bazaar, this place is a shelter of 300+ cows and many other animals. The Bombay Panjrapol or asylum for aged and diseased animals was founded by a Jain merchant on the 18th October, 1834.

The day also included a special celebration to mark Rtn. Geeta Kapadia's birthday. The RCBC family came together to sing and share warm wishes, followed by a collective gesture of feeding the cows at the shelter.

In a heartwarming coincidence, a newborn calf arrived at the shelter on the same day, 30th August, and was affectionately named "Geeta" in honour of Rtn. Geeta Kapadia — a memorable and touching tribute that added joy to the occasion.

This project reflected RCBC's longstanding commitment to service beyond human welfare, embracing the care and dignity of animals as well.

**Project Highlights**

- 14 new ceiling fans and lights were installed and fully funded by RCBC. These were inspected on-site in the presence of the contractor and found to be in excellent working condition, significantly improving comfort and ventilation within the shelter.
- A review of the pregnancy shed was conducted, and RCBC extended last-mile funding of ₹80,000 to support its completion. The inauguration of this upgraded facility was scheduled for 30th September.
- Discussions were held on the refurbishment of old sheds and other structures, with RCBC assuring full cooperation to develop the facility further and make it a model shelter in the years to come.







## Inauguration of the New Calf Department and Pregnancy Ward at Bombay Panjrapole

30th Sept, 2025

RCBC proudly inaugurated the newly completed Calf Department and Pregnancy Ward at Bombay Panjrapole, Bhuleshwar—a sanctuary that houses over 350 cows and stands as a symbol of compassion and reverence. Dedicated to the care of cows, who are cherished in our culture as embodiments of the Earth's abundance and the nurturing essence of the divine Mother Goddess, this facility marks a significant step forward in animal welfare. Thanks to the generous support of RCBC members and donors, the new ward has been thoughtfully designed to provide a safe, airy, and nurturing environment for pregnant cows and newborn calves.

The inauguration ceremony was graced by First Lady Fanny Mehta, who performed the ribbon-cutting. Adding a special touch to the event, Rtn. Chandresh Ambani celebrated his birthday on-site, and in his honour, the next male calf born will be named "Chandresh." PP Rtn. Nirupama Khandke showed her support by wearing elegant cow-motif earrings, a thoughtful gesture that resonated with the occasion. A heartfelt moment unfolded as the young calves joyfully entered their new home and were lovingly fed their first grass by RCBC members.

Special recognition goes to Rtn. Pushkar Ghia, whose persistent follow-ups with the Panjrapole authorities played a vital role in bringing this project to life.





## Supporting Voiceless Lives, Badlapur

Sept, 2025

RCBC's commitment to community service extends beyond human welfare, embracing the care and well-being of voiceless animals. In a heartwarming initiative, RCBC has supported an animal shelter home in Badlapur, managed by Shweta Rao and her dedicated team. RCBC has secured Rs 4.50 lacs to provide food and medicine for the shelter's residents. The shelter offers critical care and treatment to ailing stray dogs, providing them with a safe haven. Recognizing the importance of population control, this shelter home has focused on sterilizing stray dogs to reduce suffering and mishaps. To date, they have successfully sterilized over 3,000 dogs, making a significant impact on animal welfare in the community.

Through this initiative, RCBC demonstrates its compassion and commitment to protecting the lives of those who cannot speak for themselves.



### In Loving Memory of Meena Chopra

A heartfelt message from the President of RCBC, the Board of Directors and the entire RCBC family.



Our dear friend Meena Chopra may be gone, but her radiant spirit continues to illuminate the lives of all who had the privilege of knowing her. With an aura of calm and positivity, Meena's presence was a balm to the soul. She was a deeply spiritual soul spreading peace and serenity wherever she went.

Her elegance was more than skin-deep – it was a reflection of the beauty, compassion, and warmth that shone from within. Meena lived life with purpose and passion, inspiring everyone around her to embrace each moment with joy, energy, and kindness.

Though her time with us was far too short, Meena's legacy of love, generosity, and grace will forever remain etched in our hearts. May her memory continue to inspire us to live with the same dignity, charm, and compassion that she embodied.

With love and remembrance,  
The President, Board of Directors, and entire RCBC Family



## RCBC travels

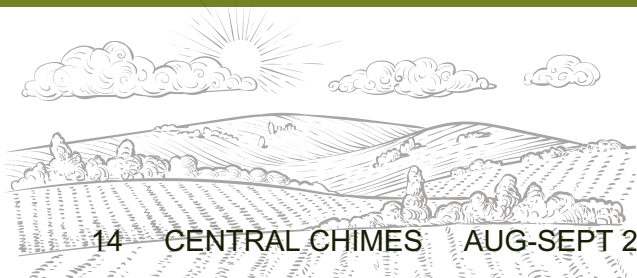
*Beyond Maharashtra***Lighting the Path to Learning: KUMARKOT**

Rotary Club of Bombay Central has undertaken a project to construct a classroom for Kashika Public School by a donation of Rs. 5 lakhs by Rtn. Nikhil Parikh. Located in Kumarkot, a remote village 50 km from Uttarkashi near the Indo-Tibetan border, Kashika Public School serves seven villages and over 2,700 farming families. The region faces significant educational challenges, including poor infrastructure, a shortage of skilled teachers, and limited cultural support for continued schooling, especially for girls. This project aims to improve learning conditions and support education in this underserved area.

**From Hunger to Hope: WEST BENGAL**

3rd Aug, 2025

RCBC launched an ongoing community service initiative in collaboration with Samaritan Help Mission (SHM), a secular, non-profit organization founded by Mamoon Akhtar in 2001. SHM operates in the Tikiapara slum of Howrah district in West Bengal and is committed to empowering the underprivileged through English education, primary healthcare, skill development, livelihood support, financial literacy, and access to safe drinking water. In line with this mission, RCBC's project focuses on feeding malnourished children and providing them with educational support. The initiative, fully funded by Rtn. Mayura Mohta, has so far allocated ₹1.25 lakhs and dedicated over 50 service hours. With more than 200 beneficiaries already impacted, and two Rotarians actively involved, this partnership exemplifies a shared commitment to uplifting vulnerable communities through sustained and meaningful engagement.





## Empowering Innovation: RCBC Supports MIT Manipal Idea Lab, MANIPAL



Indore Composite Pvt. Ltd., under the leadership of Director Rtn. Mukesh Sanghvi, has contributed Rs 25.25 lakhs through the Rotary Club of Bombay Central (RCBC) as part of a CSR initiative to support the AICTE Idea Lab at MIT Manipal.

This government-backed program promotes hands-on STEM learning, innovation, and prototype development across engineering institutions in India. The lab serves as a

hub for students and faculty to explore real-world challenges through design thinking and creativity. This partnership reflects a strong commitment to nurturing future innovators and strengthening industry-academia collaboration.

This text, which won the German Short Literary Award, is dedicated to all noble and wise individuals. It serves as a powerful reminder to value the moments of life, because in the end, the moments we live are all we truly have.

A man was dying. When he realized that he was at the end of his life, he saw God standing before him, holding a box in His hand.

God said gently, "It's time to go."

The man, startled, responded, "So soon? I had so many plans."

God replied, "I'm sorry, but it's time to go."

The man then asked, "What's in the box you're holding?"

God replied, "Your belongings."

Confused, the man asked, "My belongings? You mean all my things—my clothes, my money, and so on?"

God said, "No, those are no longer yours. They belong to the earth."

The man then asked, "What about my memories?"

God answered, "They belong to time."

The man continued, "What about my family and friends?"

God replied, "They were temporary."

The man's voice trembled as he asked, "What about my wife and children?"

God responded, "They belong to your heart."

Still searching for something to claim, the man asked again, "So surely the contents of the box are my body parts, right?"

God shook His head. "No. They belong to dust."

The man then said, "Then surely it's my soul?"

God softly replied, "Wrong. Your soul belongs to Me."

With tearful eyes and great fear, the man took the box from God and opened it, only to find it empty.

His heart broke. He looked up and said, "I never had anything?"

God gently replied, "That's right. You owned nothing."

The man then asked, "So what did I have?"

God answered, "The moments of life were yours. Every moment that you lived belonged to you."

"Life is just moments," God continued. "Treasure the moments. Love the moments."

"What has passed, became the past," He said. "Sadly, it passed without much attention, but it passed."

And then God added, "When we tried to reflect on what seemed like just a couple of days, the sign on the door said:

⇐ Passed Away ⇒

Let us treasure each other and the good moments we share.



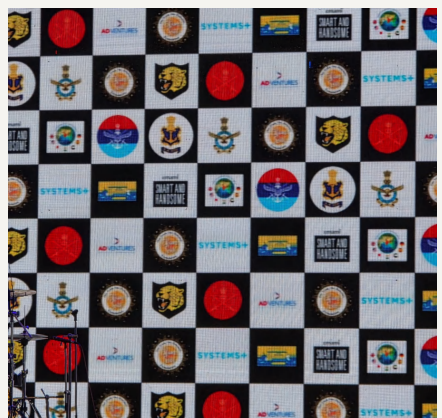


## Honoring Heroes: RCBC's Tribute to the Armed Forces, PUNJAB

21<sup>st</sup> Sept, 2025

RCBC embarked on a meaningful project that resonated deeply with our President Rtn. Ashit Mehta. With a personal contribution of Rs 2 lacs, the initiative helped to support the welfare of widows and families of Army personnel who made the ultimate sacrifice for our country.- The President further contributed Rs 50,000 towards a musical extravaganza featuring Ameya Dabli and the Army Band, providing entertainment for Army personnel and their families- The event also showcased vintage planes, adding to the excitement and entertainment for the attendees. A staggering 8,500+ Army personnel and their family members attended the event, making it a memorable occasion. The President participated in the celebrations commemorating the Battle of Dograi and witnessed the wreathing ceremony to honor the martyrs who laid down their lives in this historic battle.

This initiative not only showcased RCBC's commitment to supporting the armed forces but also provided a platform for the Army community to come together and celebrate their bravery and sacrifices.



Our clubs logo and this year's motto showcased on the backdrop of the musical show.



## Educate a Girl, Empower a Nation VIDYAWADI, RAJASTHAN

Sept, 2025

Indore Composite P Ltd, in collaboration with the Rotary Club of Bombay Central, has generously contributed Rs 4.5 lacs as part of a CSR initiative to sponsor the education of six deserving girls at Vidyawadi Girls High School in rural Rajasthan.

Vidyawadi, a renowned all-girls institution with over 2,200 students, is a beacon of empowerment, providing quality education to young females from diverse backgrounds. This esteemed school fosters a nurturing environment where girls can grow into confident, resilient, and adaptable individuals, equipped to face the challenges of the world.

Through this sponsorship, Indore Composite P Ltd is playing a vital role in promoting girls' education and empowering the next generation of women leaders.

Rtn. Mukesh Sanghvi is the Director of Indore Composite P Ltd.



## District Project: RCBC Supports N. India Flood Relief: PUNJAB

Aug, 2025

The northern parts of our country grappled with one of the worst natural calamities in recent memory. Torrential rains and devastating floods had wreaked havoc across entire regions — precious human lives were lost, innumerable cattle had perished and thousands of acres of crops lie submerged, ruined beyond recognition. RCBC rose to the occasion in the face of this natural calamity bringing not just relief, but also hope and dignity.

RCBC contributed Rs 1.25 lac to the Rotary District 3141 District Welfare Fund as contribution towards food, water, shelter, medical assistance and hygiene kits, fodder and support for affected cattle and for rehabilitation and recovery essentials for displaced families.



## News from

*Our District***THE ACTIVITIES PLANNED FOR THE ROTARY SERVICE WEEK ARE AS FOLLOWS**

November 2	Sunday	EYECARE
November 3	Monday	CYBERCRIME
November 4	Tuesday	BLOOD DONATION
November 5	Wednesday	BREAST SCREENING
November 6	Thursday	SENIOR CITIZENS
November 7	Friday	VOCATIONAL WARDS(Unsung heroes)
November 8	Saturday	SPECIALLY ABLED
November 9	Sunday	HAPPY STREET

Rotary Service Week (RSW) is back—with renewed energy, collective strength, and a vision to make Rotary's presence felt across Mumbai like never before. Slated from November 2 to 9, this ambitious week will showcase the strength of 15 Rotary club groups coming together to deliver impactful, large-scale community service. RSW not only revives a beloved tradition in District 3141 but also redefines how we serve—with unity, strategy, and high visibility.



Rotary has always created miracles—from eradicating polio to providing clean water. Let's now commit to create another kind of miracle: a world where every woman has the tools & support to thrive.

Let us unite for good, & let our clubs become champions of equality, dignity, & hope.



**The way to war is a well-paved highway  
and the way to peace is still a wilderness.**

Paul P. Harris

**Did you know?**

In 1968, the seeds of Rotaract were planted at the University of North Carolina at Charlotte, marking the birth of a new Rotary movement tailored for college students and young professionals.

What began as a youth engagement programme soon blossomed into a global force for service and leadership. Over the decades, Rotaract empowered young minds to think beyond borders, serve with purpose, and lead with integrity.

In 2019, recognising their growing impact, Rotary International elevated Rotaract to a distinct membership category — affirming that leadership is not bound by age, only by intent.



Our unique

# Fellowships



## Aug 2<sup>nd</sup> was no ordinary day

It was the day of our inaugural club picnic, and what a truly remarkable day it turned out to be! Overflowing with laughter, connection, and well-curated experiences, the event was a shining example of what happens when great minds and warm hearts come together.

A massive shoutout to our dedicated President, Ashit Mehta, who spearheaded the planning with tireless enthusiasm. His multiple personal visits to Oleander Farms ensured that every aspect — from venue selection to on-ground arrangements — was handled with precision and care. His proactive involvement was the driving force behind the event's smooth execution.

## Our dynamic Fellowship Team

organized an innovative and entertaining photo challenge that instantly sparked excitement. The “11 Photo Ops Challenge” was more than just a camera-clicking contest — it was a chance to be silly, expressive, and spontaneous! Whether striking quirky poses or coordinating group scenes, everyone embraced the challenge wholeheartedly. It was delightful to witness the creativity, camaraderie, and shared joy that unfolded.







## Glam n Celebrations for the Evening

‘Dress to Impress’ night turned into a vibrant spectacle- the dance floor was electric, filled with members dancing freely, laughing loudly, and soaking in the festive spirit. It was a night where everyone let their hair down and simply lived in the moment.

No event is complete without delectable food — and in this, First Lady Fanny truly shone! From the delightful tea breaks to the sumptuous lunch and flavorful dinner, her effort and culinary flair were evident in every bite. Her warm hospitality added a comforting and personal touch to the day.



## Wrapping Up with Warmth and Wins

Our second day began on an energizing note with a delightful breakfast spread that set the tone for the morning. We gathered at the cozy and elegant ‘Living Room’ banquet hall, where awards were handed out, milestones were celebrated, and spirits were high.

Special moments included our August birthday and anniversary celebrations — heartfelt, cheerful, and full of emotion. The room echoed with applause, smiles, and a shared sense of belonging.

It was the perfect conclusion to a weekend filled with meaningful interactions, joyful memories, and a renewed sense of community and bonding that makes our club so extraordinary.





20th September 2025

## Dandiya with a twist - RCBC style!



The RCBC Navratri celebration at Jade Banquet Hall was an unforgettable evening of colour, rhythm, and community spirit. With members arriving in vibrant traditional and fusion ethnic attire, the stage was set for “Dandia with a Twist” – and the promise was delivered in spectacular style. Life-sized LED-lit cut-outs of Bollywood stars brought an instant buzz, while professional dancers set the tempo with graceful garba performances, drawing everyone into the infectious energy of the night. A surprise act by five spirited male members, led by Rtn. Ketan Shah and Rtn. Rushabh Ajmera, stole the show, leaving the audience thoroughly entertained. The excitement continued with the ‘Best Dressed’ awards, judged by Rtn. Rupa Dhuldhoya and Rtn. Pallavi Shah, recognizing Rtn. Arti Vasani, Rtn. Shantimal Singhvi, and R/Ann Suvarna & Rtn. Chandresh Ambani. PP Rtn. Apurva’s talented daughter and R/Ann Aarti Shinde were applauded for their dance stamina. The evening concluded on a high note with a delectable, thoughtfully curated menu by First Lady Fanny, making it a night the RCBC family will cherish for years to come.





# An Evening of Inspiration with Boman Irani

Boman Irani, the celebrated Indian actor known for his iconic roles in films like Munna Bhai M.B.B.S. and 3 Idiots, recently delivered a truly inspiring talk at a joint meeting with the Rotary Club of Downtown Sealand. The session left everyone in attendance uplifted, motivated, and deeply moved. With his trademark humor and engaging storytelling, Boman had the audience in splits while sharing his remarkable life journey—one that is rooted in resilience, determination, and an unwavering belief in oneself.

From working as a waiter at the Taj Mahal Hotel and running a wafer shop to becoming a renowned actor, photographer, and motivational speaker, Boman Irani's journey is a powerful testament to the transformative power of hard work and perseverance. Despite struggling with dyslexia and a stammer during his early years, he never allowed these challenges to define him. Instead, he focused on his strengths, pursued his passions, and achieved a breakthrough in Bollywood at the age of 44 with Munna Bhai M.B.B.S., proving that it's never too late to chase your dreams.







One of the key takeaways from the session was Boman's emphasis on the importance of self-belief. He encouraged everyone to recognize their unique strengths and pursue their passions with confidence. He spoke about the need to adapt to new situations, embrace personal growth, and be open to expanding one's horizons. As he wisely stated, "Success without failure has no excitement," reminding us that setbacks are often necessary stepping stones on the path to success.



Boman Irani's story serves as a reminder that with determination, a positive attitude, and a sense of humor, we can overcome even the toughest of challenges. His humility, wit, and authenticity resonated deeply with the audience, inspiring all to believe in themselves, find joy in the journey, and approach life with courage and optimism. His speech left a lasting impact—one that will be remembered and cherished by all who had the privilege to attend.



Highlighting some more

# Projects

## Uplifting Lives, Creating Opportunities

25<sup>th</sup> Sept, 2025

RCBC through the donation by Rtn. Nikhil Parikh of Rs 1.75 lacs inaugurated a hand operated loom at Society for the Vocational Rehabilitation of the Retarded Challenged (SVRR). It was a heartwarming opening when many young and mid aged mentally challenged children/ persons interacted with the President. The mission of SVRR is to create opportunities for growth and meaningful life choices so that all intellectually disabled individuals can be valued, become self-sufficient and contributing members of the society. The vision of SVRR is to create an environment where the trainees, irrespective of their background and level of competence, can grow, be valued, become independent and stand on their own feet thus increasing their self-esteem. These mentally challenged children with the help of experienced teaching staff, trains children with limited intellectual ability in various vocational fields such as Weaving, Tailoring, Handicrafts and Making of Cardboard products.



“Be aware, build resilience, empower knowledge, stay vigilant.”



## Compassion in Action: RCBC Steps In to Save a Life

22 July, 2025

RCBC stepped in to support a critical medical case at Holy Family Hospital, Bandra, Mumbai. The patient, Mrs. Vinith, had recently undergone surgery for the removal of fibroids, which led to post-operative complications requiring immediate ICU care. Although her family had secured insurance pre-approval, the claim was unexpectedly rejected, forcing her husband, Vinith, to bear the entire financial burden by borrowing funds. With an annual income of only ₹5 lakhs and already in significant debt, Vinith was left without resources when his wife required a second surgery due to further complications. In response, nine Rotarians from RCBC came together to provide immediate assistance, contributing a total of ₹1,53,000 through personal donations. The funds ensured timely medical care and likely saved the patient's life. The initiative involved over 18 hours of dedicated effort and reflects RCBC's steadfast commitment to community service and compassionate intervention during times of urgent need.





## Supporting Life-Saving Dialysis for 125 individuals

5<sup>th</sup> Aug, 2025

Rotary Club of Bombay Central visited Shanmukhananda Charitable Trust, Sion to formally hand over a ₹1 lakh donation cheque towards their free dialysis program.

The visiting team included President Rtn. Ashit Mehta, Secretary Rtn. Divya Barmecha, Rtn. Dattaram Shinde, PP Rtn. Anil Mehta, Rtn. Veena Gupta, and Rtn. Rajesh Shah. During the visit, the team had a detailed tour of the dialysis facility and also interacted with several patients currently undergoing treatment.

This contribution will directly fund 125 dialysis sessions, provided completely free of cost to patients from economically disadvantaged backgrounds. Most patients require

2 to 3 dialysis sessions per week, with each session lasting approx. 4 hours. It is a physically and emotionally demanding treatment, often endured by individuals who are either the primary earners or caregivers in their families.

The Trust currently serves around 30,000 patients annually, making it one of the most significant charitable dialysis providers. However, the need for sustained funding is critical, given the scale and cost of ongoing operations.

We are proud to share that our club's contribution will make a real and tangible impact — helping not just individuals, but entire families who depend on them. Our support is going to a cause that truly matters.



## Club Assembly

8<sup>th</sup> Aug, 2025

The first Club Assembly Meeting of Rotary Club of Bombay Central was a great kick-start of the new, Inspire year of fellowship, service, and growth. Our Asst. Governor Rtn. Preeti Gada presided over the meeting as Chief Guest. The meeting was held at 3 pm at IMC, Churchgate, where the Board of Directors presented their reports thus far and vision for the year.



## TRF Seminar

24<sup>th</sup> Aug, 2025

RCBC Cohosted the TRF seminar held at NSCI, Worli. President Rtn. Ashit Mehta, First Lady Fanny Mehta and Rtn. Divya Barmecha attended. PRIP Shekhar Mehta felicitated our club at the event.





Quarter year report from

*Our Rotaractors*

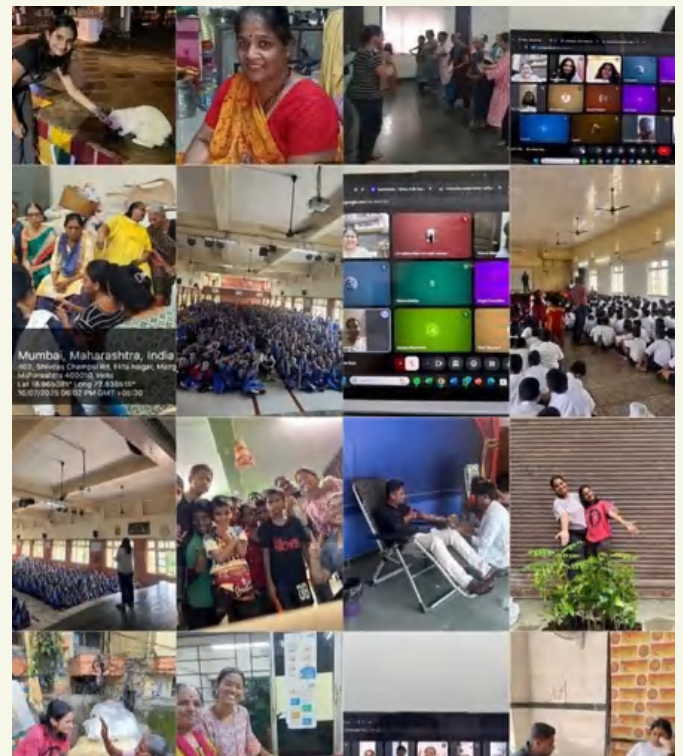
## Rotaract Club of Sophia College for Women

### A Dynamic Start to RY 2025–26

Rotaract Club of Sophia College for Women began the Rotaract Year 2025–26 with remarkable energy and dedication, reflecting its mission of service, leadership, and fellowship. Under the leadership of President Rtr. Nausheen Tanasha and her team, the club has already executed a diverse array of initiatives, each leaving a mark on the community and its members.

### BizBazaar: Celebrating Women-led Entrepreneurship

The year kicked off with BizBazaar, a vibrant two-day carnival-style event that brought together 14 women-led and student-led brands. With a footfall of over 300 students and staff, the event generated INR 20,000+ in revenue, skillfully combining entrepreneurship with celebration. One student entrepreneur remarked, “It felt like a lively marketplace filled with color, laughter, and ideas.” Beyond sales, the event became a learning platform about startups, grassroots business models, and innovation.



### Stitch & Pals: Crafting Community through Creativity

Creativity and camaraderie thrived in Stitch & Pals, a crochet-based workshop where members crafted friendship bands symbolizing unity and care. What began as a skill-sharing session evolved into a joyful afternoon of conversation, laughter, and bonding — a true testament to how small gestures can create lasting impact.



## Raah: Fellowship in the Great Outdoors

Fellowship took a refreshing turn with Raah, a trek to Bekare Waterfall organized in collaboration with Hike to Hunt. Over 75 participants joined the adventure, creating lasting memories of laughter, scenic beauty, and friendship. The trek also helped onboard new members, many of whom found their Rotaract spirit during this shared experience.



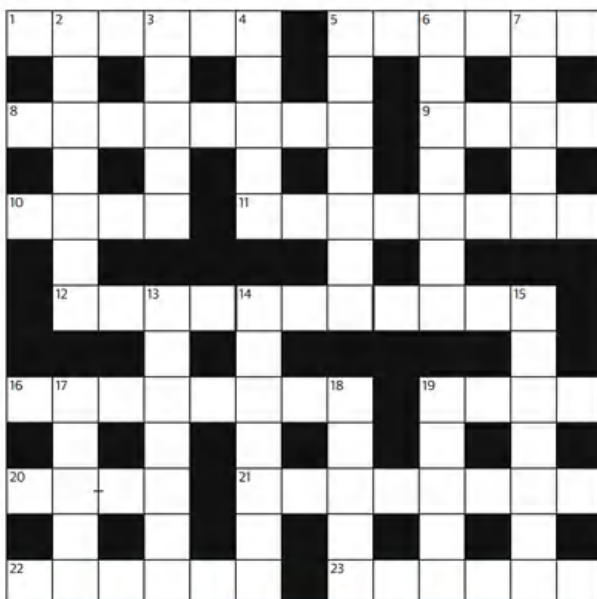
## Bundles of Hope: Fighting Hunger Together

In partnership with Rise Against Hunger India, the club took action against food insecurity through the Bundles of Hope initiative. Volunteers packed 23 boxes (each with 36 packets), totaling 4,968 nutritious meals. Each packet serves six individuals — collectively feeding nearly 30,000 people. The project raised awareness about UN SDG 2: Zero Hunger, sustainability, and the power of collective action.



Just for you:

## Crossword



Answers on the page 32

### Across

- 1 Hunting dog (6)
- 5 Sounded weary (6)
- 8 Set aside (8)
- 9 Double-reed woodwind (4)
- 10 Second-hand (4)
- 11 Rebound (8)
- 12 No longer valid (4,3,4)
- 16 Given to theatrics (8)
- 19 Feature of Wembley Stadium (4)
- 20 Something free at many cafés (2-2)
- 21 Nautical (8)
- 22 O (6)
- 23 Cause to laugh (6)

### Down

- 2 Ralph Waldo - bandmate of Lake & Palmer (7)
- 3 Blow up on social media, perhaps (5)
- 4 Aire or Ouse (5)
- 5 Drew in (7)
- 6 Soho members' club named after one of the Marx Brothers (7)
- 7 Call to mind (5)
- 13 Small rodent that doesn't actually jump off cliffs (7)
- 14 Have a go (at) (7)
- 15 Dot between pounds and pence (7)
- 17 Beast with a horn (5)
- 18 200 milligrams, to a jeweller (5)
- 19 House storage space (5)





## Seva Mahotsav: The Heart of Service

The highlight of July was Seva Mahotsav, an umbrella of impactful service projects conducted in collaboration with Rotaract Mumbai. Each initiative tackled a pressing community need:

- Jeevandaan: A blood donation drive collecting 9 units.
- Annadaan: Distribution of 30 nutritious meal packets near Thane railway station.
- Baaghban: Engaging with senior citizens at Dignity Foundation.
- Menstrual Hygiene: Distribution of 100 sanitary pad packets to orphanages.
- Green Initiative: Plantation of 35 saplings in Tilaknagar.



## Additional Initiatives with Impact

Seva Mahotsav also featured a range of other thoughtful efforts:

**Furry Friends:** Feeding stray animals with love and care.

**Awareness Drives:** Sessions on menstrual health, drug prevention, good touch & bad touch, and mental health.

**Digital Literacy:** A special workshop for the elderly to bridge the tech gap.

**Self-Defence Workshop:** Empowering school children with safety skills.

**Invincible Workforce:** A powerful session with a local street vendor, spotlighting challenges and resilience in informal economies.



## Project Drishti: Visioning the Future

Project Drishti encouraged members to envision and articulate their personal goals through collaborative vision boards. With nine participants contributing, the initiative blended creativity with technology, inspiring both reflection and accountability. Members shared how this session helped them stay focused and dream bigger — setting a powerful tone for the year.

## A Quarter of Purpose and Possibility

From entrepreneurial carnivals and outdoor adventures to service-driven initiatives and meaningful conversations, the first quarter of RY 2025–26 has been a vibrant blend of creativity, compassion, and collaboration. As one participant of Seva Mahotsav shared, “Every activity, big or small, made me feel like I was part of something meaningful.” That sentiment beautifully captures the spirit of the Rotaract Club of Sophia College for Women — where service meets joy, and every effort contributes to a larger story of transformation.





## Symphony: A Grand Installation Ceremony

The first quarter concluded with Symphony, the 10th Installation Ceremony held on 12th September. Graced by DRR Rtr. Yashwardhan Chauhan, ZRR Rtr. Prathamesh Ghorule, 14 DCMs, and 5 DECAs, the event was a celebration of continuity and renewal. The ceremony unveiled the year's theme, Synvia: The Pulse of Becoming, along with the launch of the new club letterhead, bulletin, and banner. Achievers from the previous year were felicitated, and the club deepened its bond with its twin club — Rotaract Club of Spectrum, Chennai.

## Rotaract Club of Mumbai Medico Marvels

Rotaract Club of Mumbai Medico Marvels (RCMMM) has been chartered on 7 October 2024, RCMMM is a young but vibrant club with roots in healthcare and social impact. Founded by Dr. Amit Singh and Rtr. Yash Variya Takodara, works under the Mediculture Foundation (a government-certified NGO with 3,000+ members). Its focus is bridging healthcare gaps, promoting preventive care, and serving underprivileged communities. Through medical camps, awareness drives, skill-building workshops, and partnerships with doctors, hospitals, and local stakeholders, the club exemplifies the Rotaract spirit of “learning, leading, and serving together.”





**PROJECTS AND ACTIVITIES UNDERTAKEN IN THIS QUARTER:****PROJECT SURAKSHA SEVA**

Honouring the Nation's Protectors A flagship initiative providing weekly physiotherapy OPDs at four key locations for elite forces: National Security Guard (NSG), Central Industrial Security Force (CISF – Antop Hill and Kalina), and Force One units. This program ensures comprehensive neuromusculoskeletal care, from assessment and diagnosis to treatment, already benefiting 1,000+ commandos. It symbolizes gratitude and community-driven healthcare, keeping India's protectors strong and resilient.

**PROJECT MORYA**

In collaboration with the Mediculture Foundation, RCMMM brought quality healthcare to the heart of the community by organizing health camps across seven locations in Mumbai, reaching over 1,200 people in just three days. The initiative provided vital preventive services, including 270+ ECG tests, 600+ pulmonary function tests, 300 bone density screenings, and over 600 eye checkups with spectacle solutions. By combining scale with accessibility, the project made impactful strides in delivering essential healthcare at the grassroots level.

**PHYSIOGAME**

Learning Through Play for Forces A unique initiative transforming physiotherapy into interactive, game-based learning. Designed for commandos, it used fun challenges to teach posture, balance, movement, and functional fitness. The program bridged serious health knowledge with engaging experiences, showing that wellness education can be both practical and enjoyable.

**SHUTTLE SHUFFLERS 2.0**

Sports Avenue A spirited badminton tournament hosting 16 athletes, filled with thrilling rallies, sportsmanship, and teamwork. It strengthened camaraderie and fitness within the club and participants, leaving players and spectators energized.

**RAAS RATRI**

Celebrating Tradition A Navratri-themed evening of garba, dandiya, music, and community spirit, demonstrating that Rotaract is not only about service but also about celebrating culture and creating bonds. This event emphasized the club's role in nurturing traditions and fellowship.

**PROJECT HYROX**

Official partners with global fitness brand HYROX as the official medical partner, providing expert physiotherapy support for injury prevention, emergency care, and post-event recovery. This high-profile collaboration highlighted the club's professionalism and global operational capabilities.

**PROJECT SITARE**

Initiative for students combined interactive health awareness sessions with medical checkups, focusing on fitness, mental well-being, and healthy habits. This blend of education and early detection fostered healthier lifestyles and aligned with the club's mission to build resilience and discipline in young minds.





27th September 2025

## Installation Ceremony

RCMMM held its Installation Ceremony at the prestigious YMCA, Bombay Central. The event marked a significant milestone in their journey, symbolizing both continuity and fresh beginnings. The ceremony was graced by an enthusiastic gathering of over 80 attendees, including our club members, distinguished Rotarians, and esteemed guests. It was a celebration of leadership, service, and the collective spirit. They extended their heartfelt gratitude to the Parent Rotary, RCBC, for their unwavering support in making this event a success. Their generous sponsorship of the hall and catering ensured a warm and welcoming experience for everyone present. The evening was filled with inspiring speeches, reflections on the year gone by, and a reaffirmation of our commitment to serve. As new leaders were installed and responsibilities passed on, the event left everyone motivated to build on the legacy of excellence and impact that RCMMM has established in such a short time. With outgoing of Charter President Rtr. Dr. Yash Variya Takodara and the incoming of this year's President Rtr. Dr. Amit Singh and the active participation of their members, the installation ceremony stood as a testament to their shared vision: to serve, to lead, and to grow together.





## Parent Rotary's Contribution in this Quarter:

- Classroom construction, school shoe and stationery distribution for underprivileged children.
- Blood donation drives, dialysis support, and hearing screenings improving countless lives.
- Animal shelter donations, mid-day meal collaborations, and provision of educational materials.
- RCBC also provided with 2 weight cuffs, 2 massage guns, 3 foam rollers, 800 glucometers strips, 4 BP machines, 4 thermal guns, 4 weighing scales, 1 ECG machine

## Awards & Recognitions

The magazine opens with the club's notable achievements:

- Ranked 38 among the clubs (out of 155) in RID 3141.
- Received Best Charter Club – ACER,
- Mahaveer Citation – SevaMahotsav,
- DRR's Special Recognition – Rtr. Dr. Amit Singh,
- Responsible President Citation – Rtr. Yash Takodara.

These recognitions validate the club's rapid rise and impactful work within just one year of being chartered.



Here are the answers of  
the crossword (Pg 27)



”

Freedom

“Give me the long, straight road before me,  
A clear, cold day with a nipping air,  
Tall, bare trees to run on beside me,  
A heart that is light and free from care.  
Then let me go!-I care not whither  
My feet may lead, for my spirit shall be  
Free as the brook that flows to the river,  
Free as the river that flows to the sea.”

– Olive Runner

”



The goal isn't to shut down your emotions — it's to master them. Feel everything, but rise above what doesn't serve you.

That is real growth.

